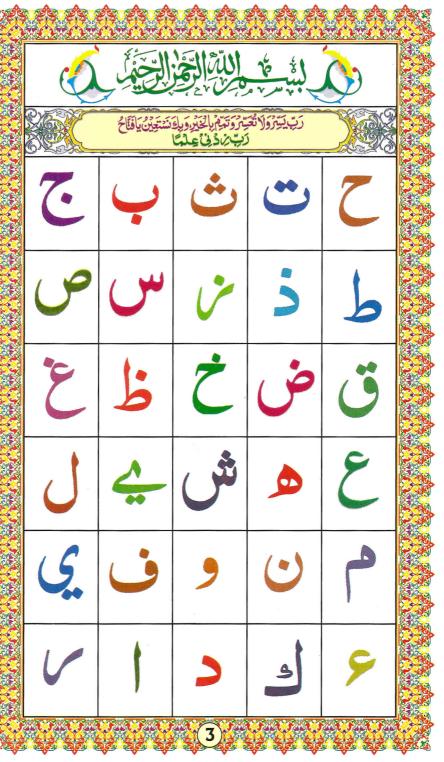
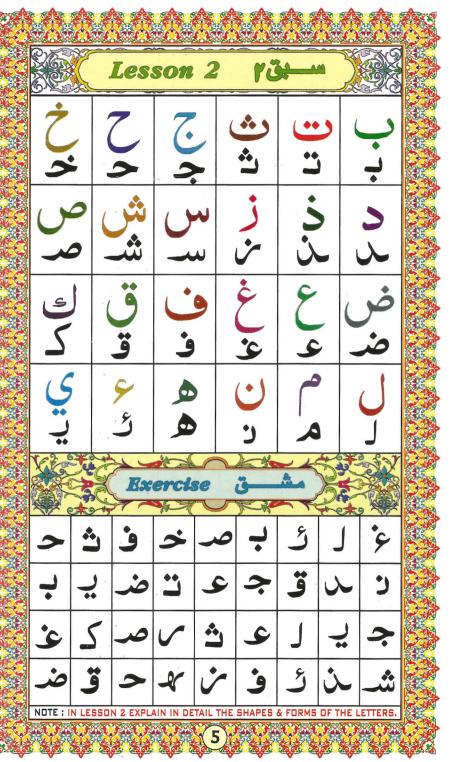


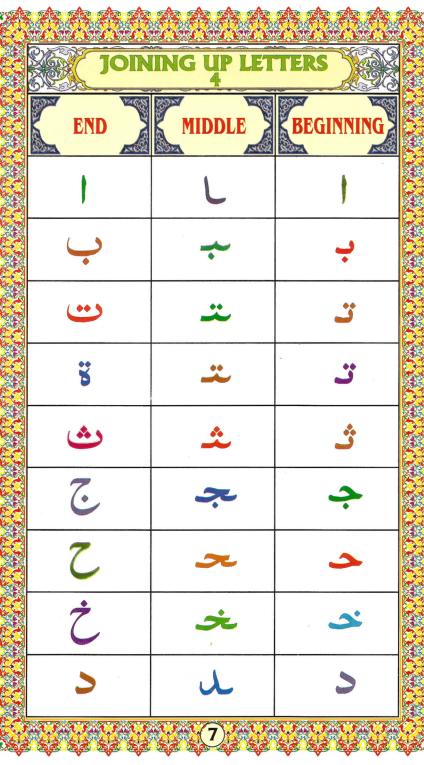
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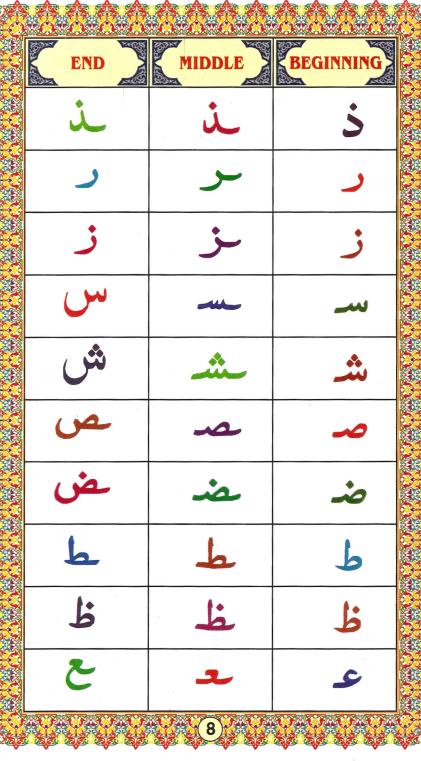


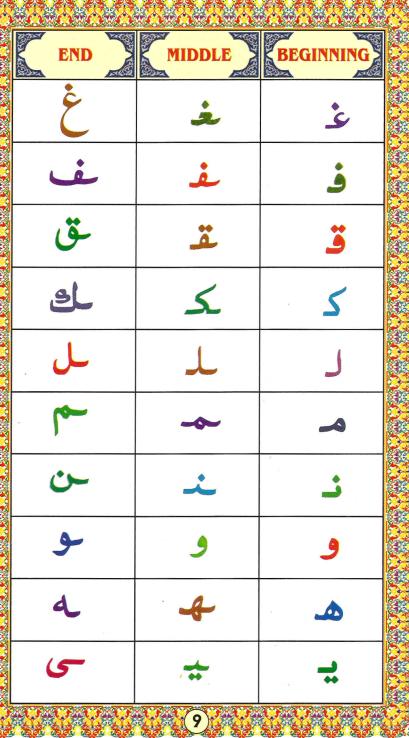












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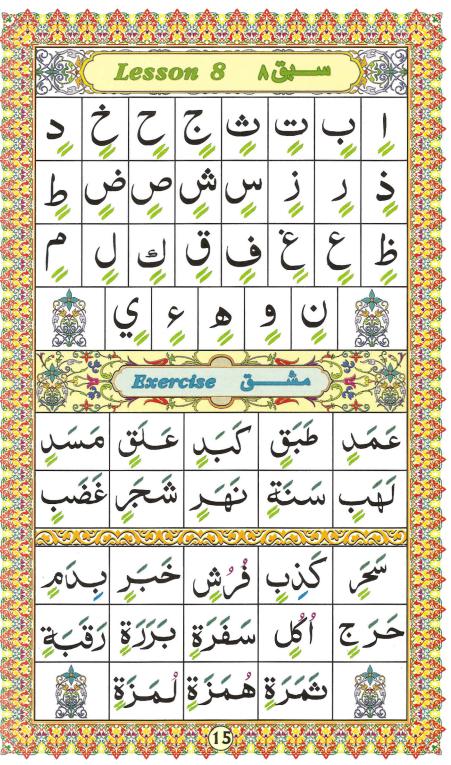


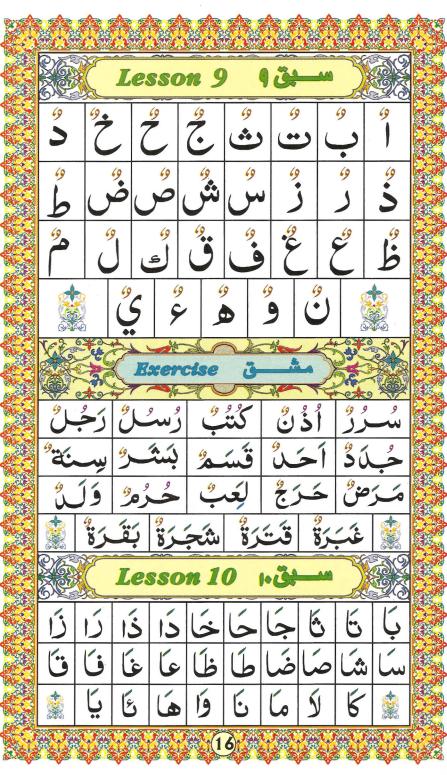




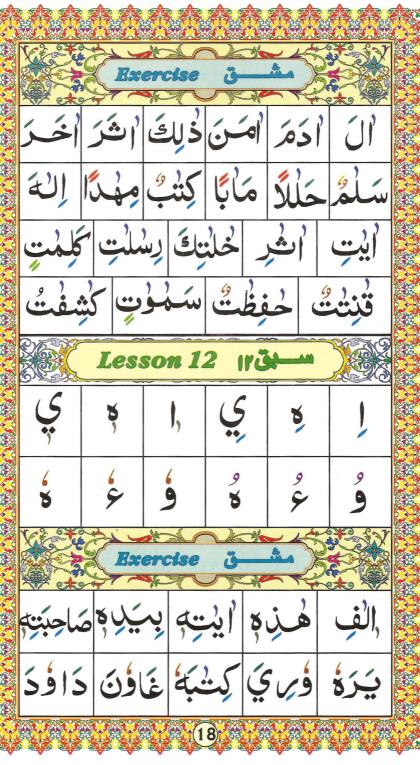
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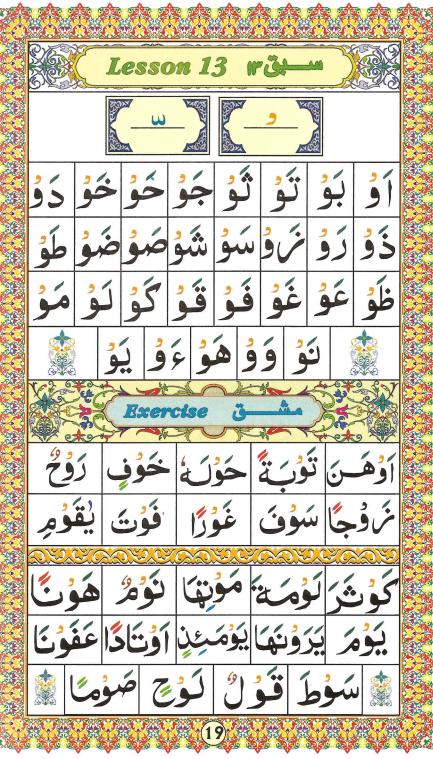






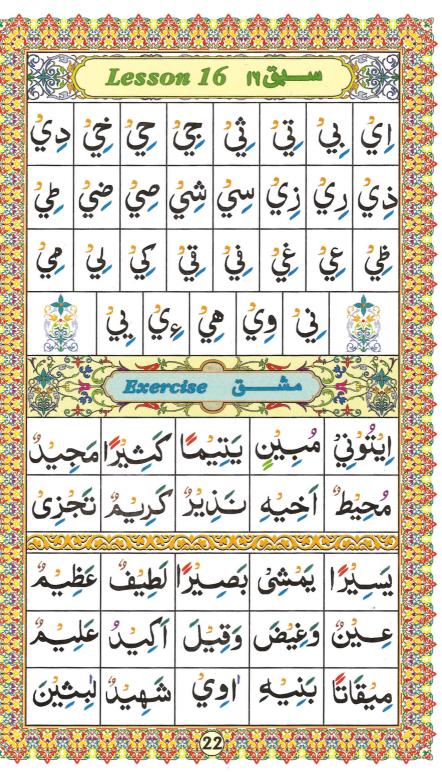








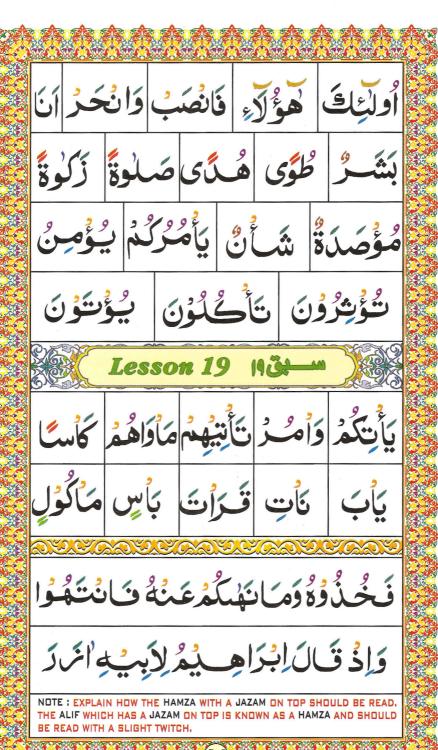






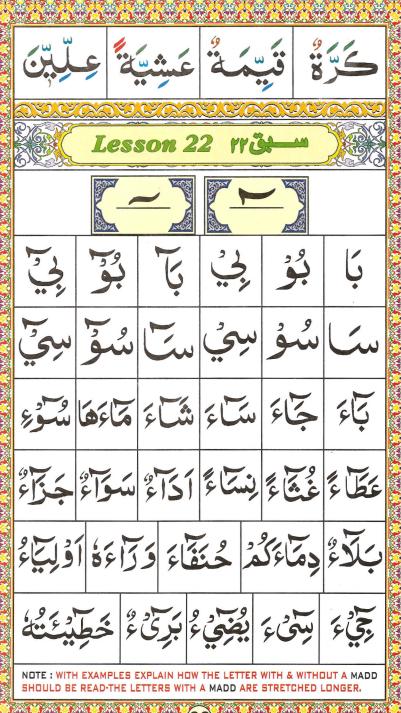


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<u>م</u> ُنْرلِبْلٍ	حربةٍ ت	ية مق	منزب	مسغبة
ۯؙڡؙۯٸڿٟ				صِدُقٍ
				مشهودٍ م
ٱفنواجًا	ٱنْزَابًا	أغنابًا	شتاتا	النبابًا ا
Lesson 18 Million				
ٱغْنى	فگانی	اوٰی	الی	عكلى
<u>ئَالْاُوْك</u> ى	ئة وأنام	ي مِارِ	ترضي	يحني
بالغيب	نَارِعَهُ إ	وُ مَاالُهُ	امت	مُهُوا
NOTE: IN LESSON 18 EXPLAIN THE LETTERS THAT SHOULD NOT BE READ/ PRONOUNCED.				

















Lesson 29 19 51 قَدِيْرُالَّذِيُ الْمُزَوِلِلَّذِيُ الْمُؤْخِلِبُ الْمُؤْخِلِبُ الْمُؤْخِلِبُ الْمُؤْخِلِبُ الْمُؤْخِلِبُ سَّيْئَا إِنَّخَا هَا خَيْرًا إِلْوَصِيَّةُ ٱعُوْذُ بِاللَّهِ مِنَ الشَّهُ يُطَانِ الرَّحِبِ يُمِرِ قُلْهُ وَاللَّهُ آحَدٌ } مِنْ خَوْنِ وَجَنَّنِ الْفَافَّا ۞ إِذَا حَسَدَ خُ لِمَا يُرِيْدُ ۞ بِأَصُّا ۑ٥ٳڹۣؽڵۿٮۣۊۜؾۺۜۅڶؠڽؙڂۺڲۯۻۜڠ لِتَعُجَلَيهِ ٥ إِنَّهُ كَانَ تَوْابًا ٥ وَشَاهِ لِهِ وَ وُدِ ٥ مِنْهُمُتُفَةً الْأَرْيَةُ طَيّبَةً ا NOTE: IT SHOULD BE EXPLAINED TO THE CHILDREN THE WAY IN WHICH SHOULD STOP AT THE END OF THE WORD & THE SOUNDING OF THE LAST LETTER.

أضكاب القرية مسبع سموت ماالعقبة فَاسْتَبِقُواالْحُيْرَاتِ وَيُرْبِى الصَّدَقَاتِ الصَّدَقَاتِ بِالْوَادِ الْمُقَدَّسِ طُوًى ﴿ يُتَبِعُهَا أَذًى ﴿ ونِسَاءً لَيْسُواسُواءً الْخَاهُمُصَالِحًام نَارُّحَامِيةً ﴿ كُتُبُ قَيْمَةً ﴿ إِلَّاهُو اللَّهُ وَاللَّهُ وَاللّلَّا اللَّهُ وَاللَّهُ وَاللَّالِي اللَّهُ وَاللَّهُ وَاللَّهُ وَاللَّهُ وَاللَّهُ وَاللَّهُ واللَّهُ وَاللَّهُ وَاللَّالِي اللَّهُ وَاللَّهُ وَاللّالِي وَاللَّهُ وَاللَّهُ وَاللَّهُ وَاللَّهُ وَاللَّا لَاللَّا لَّاللَّا لَا اللَّهُ وَاللَّهُ وَاللَّهُ وَاللَّهُ وَاللَّهُ وَال اَعْمَالُهُ مُنْ أُوْلِى لَهَا أُمُنْ دُسْهَا أُ ٳۮؘڝڵؽؙؖ۠۠۠۠ڴۺؾ۠ؽ۠ڿڹۜڗؽؙڂٳۮٵؽٮٮڔڂ وَتُواصُوْلِ الصَّبْرِ عُ حَتَّى مَعْلَج الْفَجْرِنَ اَبَابِيْلُ فَنَرْمِيْهِمْ لَا فَنُوَاجًا فَنُسَبِّحُ وَالْفَجُرِ الْوَلْبَالِ - يَوْمَعِذٍ وَاجْفَ اللهُ

ٱبْصَارُهَاخَاشِعَةٌ ٥ كَيْدًا ٥ وَّٱكِيْدً-فِي الْعُقَدِ ٥ وَالسِّنِينَ مُاالطَّادِقُ ٥ النَّجْمُ النَّاقِبُ لَّ أَصْرِتُ سُلَّمُ قَ وسكلام على الْهُ وسكلين أَ وَالْحُمُّ دُيِتُهِ رَبِّ الْعُلَ NOTE: IT IS A VIRTUE TO MEMORISE THE HUROOF-E-MU-QAT-TA-AAT,



FIRST KALIMAH TAYYIBAH

(CODE OF UNITY)

لكَالْفَالْكَاللَّهُ فَعَنَّ كُنُّولُ اللَّهِ

Laa Ilaaha IllAllahu Muhammadur Rasulullaah There is none worthy of worship besides Allah; Muhammad si is the messenger of Allah.

SECOND KALIMAH SHAHAADAT

(CODE OF TESTIMONY)

اَشْهُدُ اَنْ لَاللَّهُ اللَّهُ وَحُدَهُ لَاشْرِيْكَ لَهُ وَكُنَّهُ لَاشْرِيْكَ لَهُ وَالشَّهِدُ اَنْ مُحَمَّدً لُا عَيْدُهُ وَرَسُولُهُ

Ashhadu allaa ilaaha illal laahu wahdahu laa shareekalahu wa ashhadu anna Muhammadan abduhu wa rasuluhu

I bear witness that there is none worthy of worship besides Allah. He is alone. He has no partner, and I bear witness that Muhammad si is His servant and messenger.

THIRD KALIMAH TAMJEED

(CODE OF UNITY OF GLORIFICATION OF ALLAH)

شِعُانَ اللهِ وَالْحَمْلُ لِلهِ وَلَا اللهِ اللهِ اللهُ وَاللهُ أَكْبَرُءُ وَلَا حَوْلَ وَلَا قُعَةَ إِلَّا بِاللهِ الْعَلِيّ الْعَظِيْمِ

Subhaanal laahi wal hamdu lillaahi wa laa ilaaha illal laahu wAllahu akbar wa laa hawla walaa Quwwata illaaa billaa hil Aliyyil Azeem

Glory be to Allah, and all praise be to Allah. There is none worthy of worship besides Allah and Allah is the Greatest.

There is no power and might except from Allah,

The Most High, The Great.

37

FOURTH KALIMAH TAUHEED

(CODE OF UNITY OF ONENESS OF ALLAH)

لَالِلهَ اللهُ اللهُ وَحَلَا لَا شَرِيْكِ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْلُ لَكُولُهُ الْمُلُكُ وَلَهُ الْحَمْلُ اللهُ الْمُلُكُ وَلَهُ الْحَمْلُ اللهُ وَيُعْلِيكُ الْمَالَا وَوَالْحَلَالِ وَالْحَكْلِ الْمُكْرِدُ وَهُو عَلَى كُلِّ شَيْ الْمَالُولُ وَهُو عَلَى كُلِّ شَيْ اللهُ عَلِي اللهُ عَلَى اللهُ عَلَى اللهُ عَلَى اللهُ عَلَى اللهُ الْمُنْ اللهُ اللهُ

Laa ilaaha illAllahu wahdahu laa shareekalahu lahul mulku wa lahul hamdu yuhyee wa yumeetu wa huwa hayyun, la yamuto abadan abada.
Zuljalaale wal Ikraame bi yadihil khair wa huwa 'alaa kulli shayien qadeer

There is none worthy of worship besides Allah who is alone. He has no partner. For Him is the Kingdom, and for Him is all praise. He gives life and causes death. He is Everlasting, He will never die, He is Majestic and Benevolent. In His hand is all good. And He has power over everything.

FIFTH KALIMAH ASTAGHFAR

اَسْتَغُفِرُالله رَبِّيُ مِنْ كِلِّ ذَنْ الْذَنْ الْذَنْ عَمَلًا اَوْخَطَأُ سِرًّا اَوْعَلانِيَّةٌ وَاتُوْبِ النه مِن الله نَبِ الّذِي الْذِي اعْلَوْمِن النَّنْ الْإِنْ الْذِي لاَ اعْلَمُ الْفَيُونِ وَسَتَّا رُالْحُيُونِ وَسَتَّا رُالْحُيُونِ وَعَقَارُ النَّ نُوْبِ وَلاَحُول وَ لاَقُوّ لاَ إِللهِ الْعِلِي الْعَظِيمِ وَ اللهِ الْعَلِي الْعَظِيمِ وَ اللهِ الْعَلِي

Astaghfirullaaha rabbi min kulli zanbin aznabtuhu 'amadan aw khata an sirran aw 'alaaniyyatan wa atoobu ilaihe minaz zanbil lazi a'alamu wa minaz zambil lazi la a'alamu innaka anta allaamul gyoobi wa sattaarul 'uyoobi wa ghaffaruz zunoobi wa laa hawla walaa Quwwata illaa billaahil 'Aliyyil Azeem

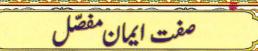
I seek forgiveness from Allah, my Lord, for every sin I have committed deliberately or in error, secretly or in public. And I repent before Him for the sin I know of and for the sin I do not know of Indeed! You are the Knower of the thing unseen, and the Councillor of shortcomings and the Forgiver of sins, And there is no power and might except from Allah, the Most High, the Great.

SIXTH KALIMAH RADDE KUFR

(CODE OF NULLIFICATION OF DISBELIEF)

اللهُمُّ إِنَّ اَعُوْدُ بِكِ مِن اَن الشَّرِكِ بِكَ شَيْنًا وَا نَا اَعْلَمُ بِهِ وَاسْتَغْفِي لَا لِمَا لَا اعْلَمُ بِهِ تُبْتُ عَنْهُ وَ تَبْتُ عَنْهُ وَ تَبْتُ عَنْهُ و تَكِرَّ اَتُ مِنَ الْكُفِي وَالشِّرُكِ وَالْكِنْ بِ وَالْغِنِيَ وَالْغِنِيَ عَنْهُ وَ الْكِنْ بِ وَالْغِنِيَ وَالْكِنْ بِ وَالْغِنِي وَالْغِنِي وَالْغِنِي وَالْغِنَا فِي وَالنَّيْ اللهُ وَالْكُونُ مِنْ اللهُ وَاللهُ عَلَيْ اللهُ وَالنَّهِ عَلَيْ اللهُ وَاللهُ مِنْ اللهِ وَاللهُ اللهُ وَاللهُ وَاللهُ وَاللهُ وَاللهُ اللهُ وَاللهُ وَاللّهُ وَاللّهُ

bika shay'awn wa ana a'alamu bihi wa astaghfiruka limaa laa a'alamu bihi tubtu 'anhu wa tabarratu minal kufri wash shirki wal kizbi wal ghibate wal bidate wal namimate wal fawahishe wal buhtaane wal ma'aasi kullihaa wa aslamtu wa aqulu laa Ilaaha illal laahu Muhammadur Rasulullah O Allah, Surely I do seek refuge in You from knowingly associating any partner with You knowingly; I beg Your forgiveness for the sin from which I am not aware of; I repent it and I declare myself free of infidelity, polytheism (associating any partner with Allah) telling lies and all other sins. I accept Islaam and believe and declare that there is none worthy of worship besides Allah and Muhammad is is the messenger of Allah.



IMAANE MUFASSAL

(ARTICLES FAITH)

اْمَنْتُ بِاللهِ وَمَلَيِّكَتِهِ وَكُتْبِهِ وَرُسُلِهِ وَالْيَوْمِ الْاِخِرِ الْقَالَ الْمَوْتِ وَكُنْبِهِ وَرُسُلِهِ وَالْيَوْمِ الْاِخِرِ الْقَالَ وَالْبَعْثِ بَعْنَ الْمَوْتِ وَخَيْرِ هِ وَشَرِّةٍ مِنَ اللهِ تَعَالَى وَالْبَعْثِ بَعْنَ الْمَوْتِ و

Aamantu billaahi wa malaa'ikatihi wa kutubihi wa rusulihi wal yawmil aakhiri wal qadri khairihi wa sharrihi minal laahi ta, aala wal ba'athi b'adal mawt.

I believe in Allah and in His Angels and in His books and in His Messengers and in the last day and in fate that everything, good or bad is decided by Allah, the Almighty and in the life after death.



IMAANE MUJMAL

(FAITH CONCISE FORM)

امنتُ بِاللهِ كَمَاهُو بِاسًا يِه وَصِفَاتِه وَقَبِلْتُ جَدِيْعَ الْحَكَامِ ﴿ الْمَارُ

Aamantu billaahi kamaa huwa bi asmaa'ihi wa sifaatihi wa qabiltu jamee'a ahkaamihi. Iqrarun bil-lisani wa tasdiqum bilqalbi.

I believe in Allah (as He is) with all His names and Attributes and I accept all His commands. I accept verbally and endorse this truth from core of my heart.

TASBIHAT-I-SALAAT



THANA

سُبْطِنَك اللَّهُمَّ وَعِمْدِاكَ وَتَبَارَكَ اسْمُكَوَ تَكَالَى جَدُّكَ فَ اللَّهُمَّ وَكُلِّ اللَّهُ عَيْدُك و

Subhanak allahumma wa bihamdika wa tabarakasmuka wa ta'ala jadduka wa lailaha ghairuka

All Glory be to you O Allah! and praise be to you; Blessed is Your name and Exalted is Your Majesty, and there is none worthy of worship besides You.

RUKU

سُبُعَانَ رَبِي الْعَظِيْمِ

Subhana rabbiyal azîme How Glorious is my Lord the Great!

TASMEE

سَمِعَ اللهُ لِمَنْ حَمِلَكُ

Sami-allahu liman hamidah Allah has listened to him who has praised Him.

TAHMEED

رَبِّنَالُكَ الْحَسُلُهُ ٥

Rab-ba-naa la-kal hamd. O Our Lord! Praise be to You.

SAJDAH

0,15

سُبُحَانَ رَبِي الْأَكْمُ الْ

Subhana ribbiyal a'ala
All Glory be to my Lord, the Highest of all.

TASHAHHUD

اَلتَّحِيَّا ثُولِتُهِ وَالصَّلَوْتُ وَالطَّيِّبُ السَّلَامُ عَلَيْكَ اَيُّهَا النَّبِئُ وَرَحْمَةُ اللهِ وَبَرَكَا تُهُ السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللهِ وَرَحْمَةُ اللهِ وَبَرَكَا تُهُ السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللهِ اللهُ وَالشَّهَ لَ اللهُ وَالشَّهَ لُ اللهُ عَبْلًا عَبْلُ لَا وَرَسُولُهُ وَاللهِ اللهُ وَاللهِ اللهُ وَاللهِ اللهُ وَاللهِ اللهُ وَاللهِ اللهُ وَاللهُ وَاللّهُ وَاللهُ وَاللّهُ واللّهُ وَاللّهُ وَاللّ

At-tahiyatu lillahi was-salawatu wat-taiyibatu as salamu 'alaika aiyohan-nabio wa rahmatul-lahi wa barakatuhu as-salamu alina wa'ala ibadillahis-salihin, ashhadual-lailaha illallahu wa ashhadu anna muhammadan abduhu warasuluhu.

All reverence, all worship, all sanctity are due to Allah Peace be upon you O Prophet! And the Mercy of Allah and His Blessings. Peace be upon us and all the righteous servants of Allah. I bear witness that none is worthy of worship besides Allah and Muhammad is His devotee and Messenger.

DUROOD SHAREEF

درودتم لف

ٱللَّهُ مُّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى اللهُ مُحَمَّدٍ كَمَا صَلَيْتَ عَلَى اللهُ مُّ مَّدٍ مَا صَلَيْتَ عَلَى اللهُ مُولِمُ اللهُ عَلَى اللهُ مُولِمُ اللهُ عَلَى اللهُ ع

Allahumma Salli'ala Muhammadin wa'ala aali Muhammadin kama sllaita'ala ibrahima wa'ala aali ibrahima innaka hamidum majid.

O Allah! Shower Your mercy upon Muhammad and the followers of Muhammad as You showered Your mercy upon Ibraheem and the followers of Ibraheem Verily, You are praiseworthy, glorious.

ٱللهُمَّرَبَادِكَ عَلَى عُكَبَّدٍ وَعَلَى اللهُمَّرَبَادِكَ عَلَى عَلَى اللهُمَّرَبَادِكَ عَلَى عَلَى اللهُمَّ اللهُمُّرَبَا اللهُمُّ اللهُمُّرِبَالُ اللهُمُ اللهُمُ

Allahumma barik 'ala muhammadin wa ala aali muhammadin. kama barakta ala ibrahima wa'ala aali ibrahima innaka hamidum majid.

O Allah! Shower Your mercy upon Muhammad and the followers of Muhammad as You showered Your mercy upon Ibraheem and the followers of Ibraheem Verily, You are praiseworthy, glorious.

درود سر الف کے بحد کی دعا THE DU'A AFTER DUROOD

رَتِ اجْعَلْنَ مُقِيْمَ الصَّلْوَةِ وَمِنْ ذُرِّ شِينَ وَكِنَ أُو تَا الْمُعَلِّقُ مِنْ أَوْ الْمُعَلِّمِ وَلِكَ الْمُعَلِّمُ وَلِمُ الْمُعَلِّمُ وَلِوَ الْمِكَانَّ وَلِلْمُؤْمِنِيْنَ وَلِكَالُكُ وَلِوَ الْمِكَانُ وَلِلْمُؤْمِنِيْنَ وَلِلْمُؤْمِنِيْنَ وَلِلْمُؤْمِنِيْنَ وَلِلْمُؤْمِنِيْنَ وَلِلْمُؤْمِنِيْنَ وَلَا لَهُوْمِنِيْنَ وَمُريقُوْمُ الْحِسَابُ و

Rabbij-Alni muqimas-salate wa min zurriyati, Rabbana wa taqabbal dua. Rabbanagh firli Wa liwalidayya wa lil mu'mineena yauma yaqoomul hisab.

Our Lord! Make me and my children steadfast in prayer; Our Lord! Accept the prayer. Our Lord! Forgive me. And my parents and believers on the day of judgement.

SALAAM

السَّلَامُ عَلَيْكُمْ وَرَحْمَهُ اللَّهُ

As salamo alaikum wa rahmatullah Peace be upon you and the Mercy of Allah اللهُ إِنَّا نَشَعِيْنَكُ وَنَسْتَغُفِهُ كَ وَنُوْمِنُ بِكَ وَنَتُوكُلُ عَلَيْكَ وَنَتُوكُلُ وَنَشُكُرُكَ وَنَشُكُرُكَ وَكَا عَلَيْكَ الْحَيْرَةُ وَنَشُكُرُكَ وَنَشُكُرُكَ وَنَشُكُرُكَ اللّهُمَّ مَنَ يَعْجُرُكُ اللّهُمَّ اللّهُمَّ اللّهُمَّ اللّهُمَّ اللّهُمَّ وَاللّهُ اللّهُمَّ وَاللّهُ اللّهُ الللّهُ اللّهُ اللّهُ اللّهُ اللّهُ الللّهُ اللّهُ اللّهُ اللّهُ اللّهُ الللّهُ اللللّهُ اللّهُ ا

Allahumma inna nasta'inuka wanastaghfiruka wanuminu bika wanata wakkalu alaika wa nusni alaikalkhairu wa nashkuruka wala nakfuruka wa nakhlau wa natruku main-yafjuruka allahumma iyyaka na'budu walaka nusalli wa-nasjudu wa-ilaika nas'a wa-nahfidu wa narju rahmataka wa nakhsha 'azabaka inna 'azabaka bil-kuffari mulhiq.

(O Allah! We beseech Your help and we ask Your pardon and we believe in You, and we put our trust in You and we praise You in the best manner and we thank You and we are not ungrateful to You and we cast off and leave one who disobeys You. O Allah! You alone we serve and to You do we pray and we prostrate and to You do we flee and we are quick and we hope for Your mercy and we fear Your punishment. No doubt Your punishment overtakes the unbelievers.

THE PROCEDURE OF MAKING WUDHU

- To wash one's hands, face and feet, etc. before performing NAMAAZ is called WUDHU or ABLUTION. No Namaaz is accepted without Wudhu.
- 2. One should sit on a high, and clean place to perform Wudhu. Face the direction of the Holy KA'BA Sharif if possible.

DUAA BEFORE COMMENCING WUDHU



3. Using *Tahir* (clean) water *first* wash *both* the *hands* upto the *wrists three* times.





- 4. Use a *Miswaak* for cleaning the teeth and then *gargle* the mouth *three* times.
 - * It is **Sunnat** to make **Miswaak** during **Wudhu**



5. Thereafter take water upto the *nostrils three* times with the *right* hand and clean the nose with the *left* hand.





6. Then wash your *face three* times. Wash from the hairy part of the forehead to below the chin and from one ear lobe to the other.







- 7. Then make *Khilal* of the *beard*.
- 8. Thereafter wash the *right hand including* the *elbows* three times.





9. Then wash the *left hand including* the *elbows* thrice.





10. Then make *Khilal* of the *Fingers*.



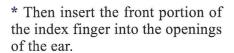


11. Thereafter with the hands and pass them over the head, ears and nape. This must be done once only. It is known as *Masah*.

MASAH [wet the hands & fingers] * keep **three** fingers of each hand together (middle finger, ring finger and little finger).* keep thumb and index finger

raised (away). *keep thumb, index finger and palm away from the head. Pass the three fingers from the forehead to the upper portion of the nape. * Then place the palm on the sides of the head and bring forward to forehead







* Then make Masah behind the ears with the inner part of the thumb.



* Make Masah of the nape with the back of the middle finger, ring finger and little finger.



12. Then wash **both** the **feet including** the **ankles three** times. First the **right** and then the **left** foot.





- * First wash the *right foot* then make *khilal* including the ankle and of the *toes*.
- * Then wash the *left foot* then make *khilal* including the ankle and of the *toes*.



PERFORM SALAH CORRECTLY

When you begin the Salah:

- Make Niyyah or intention in your heart to the effect that you are offering such and such Salah. It is not necessary to say the words or the Niyyah verbally.
- 2. Raise your hands up to your ears in a way that palms face *Qiblah* and the ends of the thumbs either touch the lobes of the ears or come parallel to them. The rest of the fingers stay straight pointing upwards. There are some who would tend to turn the direction of their palms towards their ears rather than having them face the *Qiblah*.



There are some others who almost cover their ears with their hands. There are still others who would make a faint symbolic gesture without raising their hands fully upto the ears. Some others grip the lobes of their ears with their hands. All these practices are incorrect and contrary to Sunnah. These should be abandoned.

3. While raising your hands in the manner stated above, say:

Allah-akbar. Then using the thumb and the little finger of your right hand, make a circle round the wrist of your left hand and hold it. You should then spread out the three remaining finger of your. Right hand on the neck of your left hand so that these fingers face the elbow.



4. Placing both hands slightly below the navel, fold them as explained above.

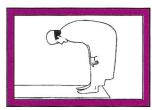
When you are standing:

- 1. If you are making your Salaat alone, or leading it as Imam you first recite thana': شَبُعْنَاكُ اللَّهُوْ then Surah al-Fatiha, then some other Surah. If you are behind an Imam, you only recite Thana: شَبُعْنَاكُ اللَّهُوُ and then stand silent listening attentively to the recitation of the Imam. If the Imam's recitation is not loud enough for you to hear, you should be thinking of Surah al-Fatihah using your heart and mind without moving your tongue.
- 2. When you are reciting yourself, it is better that you, while reciting Surah al-Fatihah, stop at every verse and break your breath. Recite the next verse in a single breath. For example, break your breath at الرَّحْنُونُ الله then on الرَّحْنُونُ الله Recite the whole Surah al-Fatihah in this manner. But, there is no harm if, during recitation that follows, more than one verse has been recited in a single breath.
- 3. Do not move any part of your body without the need. In peace the more, the better. If you have to scratch or do something else like that, use only one hand and that too, under very serious compulsion using the least time and effort.
- 4. Transferring the weight of the body on to one leg and leaving the other weightlessly loose to the limit that it shows a certain bend is against the etiquette of Salaat. Abstain from it. Either you transfer your body weight equally on both legs or if you must channel your body weight on one leg, you have to do it in a way that the other leg shows no bend or curve.
- 5. If you feel like yawning, try your best to stop it.
- **6.** When standing for *Salaat*, Keep your eyes looking at the spot where you make your *Sajdah*. Abstain from looking to your right and left, or front.

When in Ruku:

When you bend for *Ruku'* watch out for the following.

- 1. Bend the upper part of your body up to point where the neck and back nearly level up. Do not bend any more less than that.
- 2. While in *Ruku'* do not bend the neck to the limit that the chin starts touching the chest, nor raise it so high that the neck goes higher than the waist level. Instead, the neck and the waist should be in onelevel.

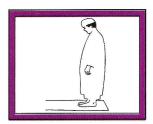


- 3. In *Ruku*; keep feet straight. Do not place them with an outward or inward slant.
- 4. Place both hands on your knees in a way that fingers of both hands stay open. In other words, there should be space between every two fingers when you thus go on to hold the right knee with your right hand and left knee with your left hand.
- 5. In the state of *Ruku*, wrists and arms should remain stretched straight. They should not bend, curve or sag.
- 6. Stay in *Ruku'* at least for a time during which سُبُهُانَ کَانُّ الْعَظِیْمِ could be said three times calmly and comfortably.
- 7. Stay in *Ruku'* the eyes should be looking towards the feet.
- **8.** Body weight should be evenly distributed on both feet and both knees should be parallel to each other.

Returning to the standing position from Ruku:

1. While returning from *Ruku*, back to the standing position, see that you stand straight leaving no sag or droop in the body.

- 2. In this position as well, eyes should be fixed on the spot where you do your *Sajdah*.
- 3. There are those who simply make a 'gesture' of rising from the *Ruku'* instead of rising fully and standing upright when it is time to do so and who, in that very state, when their body is



still bent down Wards, go on their *Sajdah* for them it becomes obligatory that they make their *Salaat* all over again. Therefore, abstain from it very firmly. Unless you make sure about position, do not go for *Sajdah*..

When bowing down for Sajdah:

Remember the following method when bowing down for *Sajdah*:

- 1. Bending the knees first of all, take them towards the prayer floor in a way that the chest does not lean forward. When the knees have already been rested on the floor, the chest should then be lowered down.
- 2. Until such time that the knees have come to rest against the floor, abstain, as far as possible, from bending or lowering the upper part of the body.

These days negligence in observing this particular rule of etiquette while getting ready to go for *Sajdah* has become very common. Many people would lower down their chest right from the start and go on to do their *Sajdah*. But, the correct method is what has been stated in #1 and #2 above. Unless it be for a valid reason, this method should not be by passed.

3. After having rested your knees on the floor, place your hands first, then the tip of the nose, then the forehead.

In Sajdah:

1. While in *Sajdah*, keep your head in between your two hands in a way the ends of the two thumbs come parallel to the ear-lobes.



2. In *Sajdah*, fingers on both hands should remain close together, that is, the fingers should adjacent to each other leaving no space in between them.



- 3. The direction of the fingers should be towards the *Qiblah*.
- 4. The elbows should stay raised off the floor. It is not correct to rest the elbows on the floor.
- 5. Both arms should stay apart from armpits and sides. Never keep them tucked in.
- 6. Do not, at the same time, poke your elbows far out to your right and left causing discomfort to those making *Salah* next to you.
- 7. The thighs should not come in contact with the stomach wall. The stomach and the thighs should stay apart.
- 8. During the entire *Sajdah*, the nose-tip should continue to rest on the floor.
- 9. Both feet should be placed upright on the floor with heels showing on top and all fingers turner turned flat on the floor in the direction of the *Qiblah*. Those who cannot turn all their fingers because of the physical formation of their feet, they will still do well to turn them as much as they can. It is not correct to place the fingers vertically on the floor just for no valid reason.

- 10. Be careful that your feet do not lift off the floor during Sajdah. Some people would do their Sajdah while none of the fingers on their feet come to rest on the floor even for a moment. This way the obligation on Sajdah is not liquidated at all, and as a result, the Salaat too becomes invalid. Be very particular in abstaining from this error.
- 11. In the stage of *Sajdah*, the least time you can give yourself should be sufficient enough to say three times, calmly and comfortably. Raising the forehead immediately after having rested it on the floor is prohibited.

In between the two Sajdahs:

1. Rising from the first *Sajdah*, sit up straight, on the hams, calmly and comfortably. Then go for the second *Sajdah*.

Doing the second *Sajdah* after raising the head just a little bit and without becoming straight is a sin. If one does it like that, it becomes obligatory that the *Salaat* be made all over again.



2. Spread out the left foot (like the blade of a hockey stick) and sit on it. Let the right foot stand vertically with fingers turned towards the *Qiblah*. Some people let both feet remain in up right position and sit on the heels. This method is not correct.



- 3. While sitting, both hands should be placed on the thighs but fingers should not taper down onto the knees, instead, the far ends of the finger tips should reach only as far as the beginning edge of the knee.
- 4. While sitting, let your eyes be on the lap.
- 5. Sit for a time during which مِثْمُانَ اللَّهِمُ could be said at least once and if you can sit for a time during which could وَاللَّهُمُّ اغْفِرُ لِى وَارْحَمُنِى وَاهدِنِى وَعَافِنِى وَارْزُقْنِى be recited, it is better. But, reciting this during Fard (obligatory) salah is not necessary. It is better to do so in Nafl Salah.

The second Sajdah and rising from it:

- 1. Go on to do your second *Sajdah* in the same manner by first placing both hands on the floor, then the nose-tip, then the forehead.
- 2. The complete form of *Sajdah* should be the same as mentioned in connection with the first *Sajdah*.
- 3. When rising from *Sajdah*, first raise the forehead off the floor, then the nose-tip, then the hands, and then the knees.
- 4. While rising, it is better not to lean for support off the floor, however, should it be difficult to get up from the floor because of body-weight, sickness of old age, making use of the floor for support is also permissible.
- 5. After you have risen back to your standing position, recite پشواللوڤلين before *Surah al-Fatihah* in the beginning of each *rak'ah*.

In Qa'dah:

- 1. The method of sitting in *Qa'dah* shall be the same as mentioned in connection with the method of sitting between *Sajdahs*.
- 2. When you reach المُعْنُ الْهُ اللهُ اللهُ while reciting raise the **Shahadah** finger (the fore -finger or the index finger) with a pointing motion and let it fall back.
- 3. The method of making a pointing motion is that you make a circle by joining your middle finger and the thumb, close the little finger and the ring-finger (the one next to it), then raise the **shahadah** finger in a way that it is tapered towards in the **Oiblah**. It should not be



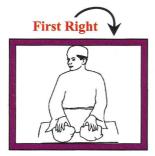
4. However, lower the *Shahadah* finger while saying but retain, right through the end, the initial formation of the rest of the fingers you already had when making the pointing motion.

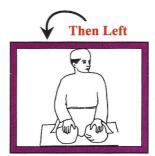
When turning for Salam:

raised up straight in direction of the sky.

- 1. When turning for *Salam* on both sides, you should turn your neck just enough that your cheeks become visible to the person sitting behind you.
- 2. When turning for *Salam*, eyes should be towards the shoulders.

3. When turning your neck to the right to say make an intention that you are offering your Salam greetings to all human beings and angels on your right. Similarly, while turning for Salam to the left, have the intention of offering your Salam greetings to all human beings and angels present on your left.





The method of Du'a:

- 1. The method of *Du'a* is that both hands be raised high enough so that they come in front of the chest. Let there be some space between the two hands. Do not bring the hands close together nor keep them far apart.
- 2. When making **Du'a**, keep the inner side of the hands turned towards your face.



